

Post Care Infant Circumcision

Day 1

1 Keep your son snugly swaddled.

The more he kicks his legs, the less comfortable he may be.

2 There will be a dressing on top of your son's penis.

- The first layer on top is a white 3x3 gauze with Vaseline.
- The second layer is a soft brown bandage wrapped around the penis.
- The third layer is a long white bandage (petroleum gauze) wrapped around the penis.

DO NOT REMOVE THE DRESSING FOR THE FIRST 24 HRS

What if the gauze falls off before the initial 24 hrs ?

If the first layer with Vaseline comes off, you can replace it with the gauze provided. If all three layers come off, you do not have to replace the second or third layer, just replace the white gauze on top.

What if the gauze gets soiled ?

Please do not remove the gauze. Try and clean it up as best as possible around the penis, leaving all layers in place.

3 Check for bleeding.

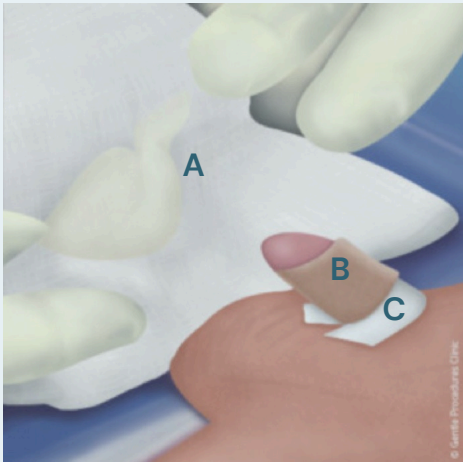
- Please check your son's diaper every hour.
- It is normal to see blood stains the size of a loonie with each diaper change.
- It is NOT normal to see blood oozing from the penis.

4 Cranky, crying, irritable or sleepy baby.

Your baby could be fussy or crying a bit more than normal. This is completely normal.

5 Mom, are you breastfeeding?

- If you are taking any Aspirin (ASA) or anticoagulants (Warfarin), please stop taking these medications 7 days before and 2 days after the procedure.
- If you are taking any anti-inflammatories (NSAIDS) such as Ibuprofen, Advil, Motrin, Aleve, etc, please refrain from taking any of these 2 days before and 1 day after the procedure.
- **Please consult your family doctor or specialist before stopping medications.**



Here, you see the square white gauze with Vaseline (A) that you will replace in the first 24 hours if it falls off. You also see the long white petroleum gauze (C) with the brown bandage (B) around it.

Day 2

Removal of the dressing and after care

1 Its time to take the gauze and dressing off.

- You will take one corner of the gauze and slowly pull back until the entire dressing has come off.
- If it is dry or stuck when you are trying to remove it after 24 hours, you may need to pull slightly harder and there may be a little bleeding when you do this. This is normal.
- If there is some bleeding, you may need to apply some direct pressure on the head of the penis as we taught you in the clinic. Maintain firm pressure for 5 minutes
- You may use some warm water to wet the dressing to help remove it.

2 What do we do once gauze is removed ?

- No more gauze or bandages are required.
- You may clean the area around the penis gently with warm water and a washcloth. Do NOT use baby wipes, towelettes, alcohol, powders or lotions as they may cause irritation.
- For the next 2 weeks, you will apply unscented petroleum gel liberally to the circumcision site at every diaper change. You can apply it to the inside front of the diaper as well.

3 What to expect ?

- Once you take the bandages off, you may see some hard translucent white material that can look like "extra skin" or "dried Vaseline". Do NOT try to peel this off. It is skin glue that will dissolve once you start bathing your son again.
- Avoid unnecessary car travel as car seats can be irritating to a newly circumcised penis.
- The area just under the head may become swollen. Sometimes parents mistake this for a blister. In fact, this is normal and will subside within a week or two.
- In the first two days, there may be an off-white or yellowish, patchy appearance or discoloration of the head. These patches are normal.
- You will also notice that the head appears red and glossy sometimes purple or blue. This is normal.
- Some penises will look "buried". This is normal and the baby will grow out of it as they get older.

4 No bathing/tummy time

It is important not to submerge your baby in a bath until day 4, and the doctor has given approval. Sponge bathing is allowed during this time.

5 Double Diaper

Apply 2 diapers for extra padding until day 4.

Post Circumcision Follow up

Day 4 – Follow up & Physician Response Time

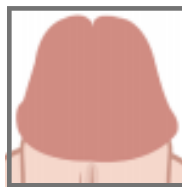
You will need to take 4 pictures – the top, bottom, left side and right side of the penis. We ask that the pictures are clear and close up on the baby's penis – so that it takes up 90% of the picture. Be sure you get the complete head of the penis.

These pictures will need to be sent by email ONLY 4 days after the procedure. The day of the procedure counts as day one. **The physician will respond in a few hours, as they may be seeing patients during the day.**

Example:



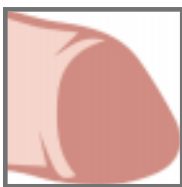
Top of penis



Underside of penis



Left side of penis



Right side of penis

Who to call and when:

General questions about bandaging, appearance or after care?

Please call our clinic line and speak to our experienced surgical assistants at 604-717-6200. Press 2 and then 0 to connect to an assistant right away.

Emergencies only. (E.g: Significant bleeding)

Please contact the doctor.



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